



Cognitive Health



DREAM-ON™

Discover the Power of a Deep, Restful Sleep.

Discover the key to a blissful night's sleep with Dream-On™, a potent and non-habit-forming blend designed to combat sleep issues. Harnessing the natural power of Ashwagandha, California Poppy, Passionflower, and L-Theanine, Dream-On™ offers a complete sleep formula **without the use of melatonin**. Say goodbye to tossing and turning and embrace the rejuvenating sleep your body deserves.

Cognitive Health Products

Our brain makes us who we are. Cognition, the capacity to focus, memorize, or process information, and nervous system transmission capacity all deteriorate due to disease or with age.

Provita's continuously evolving Cognitive Health series, curated from the highest quality sources, is specially formulated to help the brain and nervous system functions.



Retail Series



DREAM-ON™

Discover the Power of a Deep, Restful Sleep .

Dream-On™ is formulated to provide a restful night's sleep without the risk of dependency. Enjoy the benefits of deep sleep without worrying about habit formation or groggy mornings. Dream-On™ offers a melatonin-free sleep solution, providing a more holistic approach to achieving restful sleep without the common side effects.

Features

- Potent blend of powerful adaptogens
- Includes **Ashwagandha**, clinically proven to improve sleep quality and sleep onset latency
- Features **California Poppy**, a non-addictive herb with sedative, anxiolytic, and analgesic effects
- Contains **Passionflower**, a traditional sedative and popular sleep aid to help address sleep disturbances
- Also includes **L-Theanine** for relaxation without drowsiness, promoting faster and easier sleep onset through anxiolysis

Benefits

- Promotes restful sleep without dependency on melatonin
- Addresses sleep issues including difficulty falling asleep and staying asleep
- Provides sedative, anxiolytic, and analgesic effects for enhanced sleep experience
- Promotes relaxation.
- Provides a deeper, more rejuvenating sleep experience.
- Supports your overall well-being, night after restful night.



Complementary Products

- Adaptogenix™
- Magnesium Pro™



Scan here for more information



Medicinal Ingredients

Each vegetarian capsule contains:

Ashwagandha 5:1 root extract	267 mg
<i>(Withania somnifera)</i>	
California-poppy 5:1 extract (herb top)	84 mg
<i>(Eschscholzia californica)</i>	
Passionflower 20:1 extract (herb top)	200 mg
<i>(Passiflora incarnata)</i>	
L-Theanine.....	125 mg

Non-Medicinal Ingredients

Microcrystalline cellulose, vegetarian magnesium stearate.
Capsule shell: hypromellose (plant gelatin).

Does not contain: GMO ingredients, dairy, egg, gluten, wheat, soy, corn, yeast, nuts, artificial sweeteners, colors, preservatives, or flavors.

Recommended Dose

Adults take 1-2 capsules per day, preferably before bedtime.

Cautions

Consumption with alcohol, other medications or natural health products with sedative properties is not recommended. Consult a health care practitioner/health care provider/health care professional/doctor/ physician if symptoms persist or worsen. Do not use this product if you are pregnant or breastfeeding. Stop use if hypersensitivity/allergy occurs. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness.

Do not use if seal is broken. **Keep out of reach of children.** Keep sealed, store in a cool, dry place at 15–25°C.