



# PROVITA™

ADVANCED THERAPEUTIC SOLUTIONS  
SOLUTIONS THÉRAPEUTIQUES AVANCÉES

ANTI-AGING

ANTI-INFLAMMATORY

**COGNITIVE HEALTH**

DIGESTIVE HEALTH

EVERYDAY HEALTH

HEART & ANTIOXIDANTS

IMMUNE HEALTH

RESTORATIVE HEALTH

# MAGNESIUM FOR THE BRAIN CLINICAL FORMULA



**MAGNESIUM IS AN IMPORTANT ELECTROLYTE NEEDED FOR PROPER BRAIN FUNCTION.**

Our product provides a high dose of 50mg per capsule of elemental magnesium derived from Threonic acid magnesium salt, and is formulated synergistically based on current scientific evidence including clinical trials. A recent MIT study\* showed increasing brain magnesium threonate levels may help with learning abilities, and short / long term memory.

\* learn more details about this study on our website by scanning the QR code



[WWW.PROVITA-NUTRITION.CA](http://WWW.PROVITA-NUTRITION.CA)

## MEDICINAL INGREDIENTS. Each vegetarian capsule contains:

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Elemental Magnesium.....	50 mg
from Magnesium L-threonate	
L-Glutamic acid.....	50 mg
Vitamin C (calcium ascorbate).....	15 mg
Vitamin D 100 IU (cholecalciferol).....	2.5 mcg

## NON MEDICINAL INGREDIENTS:

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Microcrystalline cellulose, ascorbyl palmitate.  
Capsule shell: hypromellose (vegan gelatin).

## RECOMMENDED DOSE:

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Adults take 1 capsule 1-3 times per day or as advised by a healthcare professional.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, preservatives, colors or flavors.

## CAUTIONS:

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Consult a health care practitioner prior to use if you are pregnant or breastfeeding. May cause minor gastrointestinal disturbances. Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C.

**Keep out of reach of children.**

## DID YOU KNOW?

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Glutamic acid is converted to Glutamate which is a neurotransmitter in the brain.



### PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair.

Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

## COMPLEMENTARY PRODUCTS

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**Lion's Mane 5000, Neuro Max, PS-100\***

**FEEL THE PROVITA DIFFERENCE!**  
**FIND US AT SELECT NATURAL HEALTH STORES**