



150MG OF MAGNESIUM B6 & CORAL CALCIUM



OUR FORMULA COMBINES FOUR GREAT FORMS OF MAGNESIUM WITH CORAL CALCIUM AND VITAMIN B6 FOR MAXIMUM BODY ABSORPTION.

Studies now show a widespread magnesium deficiency in today's western population. It is recommended that all adults supplement their diet with a high quality bio-available Magnesium complex to help metabolize carbohydrates, protein and fats, maintain proper muscle function, and help bone and tissue formation process. This especially applies to adults suffering from osteoporosis.













MEDICINAL INGREDIENTS. Each capsule contains:

Magnesium	150 mg
From:	
Magnesium Malate	300 mg
Magnesium Oxide	130 mg
Magnesium Citrate	100 mg
Magnesium Bisglycinate	100 mg
Vitamin B6 (Pyridoxine Hydrochloride)	30 mg
Coral Calcium	

NON MEDICINAL INGREDIENTS:

Microcrystalline cellulose, gelatin.

RECOMMENDED DOSE:

Adults take 3 capsules per day, one capsule with each meal.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts, artificial sweeteners, colors, preservatives or flavors.

CAUTIONS:

Some people may experience diarrhea. Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C. **Keep out of reach of children.**

DID YOU KNOW?

Magnesium deficiency cannot be corrected only by the Recommended Daily Allowance (Health Canada recommends an Adequate Intake of up to 500 mg). It really all depends on how bioavailable each particular form of magnesium is!



PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucien Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to

understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair.

Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

COMPLEMENTARY PRODUCTS

Trace Minerals and Alkazyn™

FEEL THE PROVITA DIFFERENCE! FIND US AT SELECT NATURAL HEALTH STORES

LIVERED BY FUNDING PROVIDED

CANADIAN AGRICULTURAL

