



# PROVITA™

ADVANCED THERAPEUTIC SOLUTIONS  
SOLUTIONS THÉRAPEUTIQUES AVANCÉES



# FIGHT MENTAL FATIGUE IMPROVE MEMORY AND REASONING



**LION'S MANE 5000™ PROVIDES A POWERFUL 10:1 EXTRACT OF THIS WONDERFUL MUSHROOM, FOR AN ENHANCED THERAPEUTIC EFFECT.**

Lion's Mane is a pluripotent mushroom with neuroprotective, nootropic, immune and antioxidant effects. This mushroom can improve memory and reasoning, and can be very helpful in cases of mental fatigue. Certain compounds of this mushroom's fruiting body promote nerve growth factor (NGF) synthesis which is involved in growth, maintenance, proliferation and survival of brain neurons.



[WWW.PROVITA-NUTRITION.CA](http://WWW.PROVITA-NUTRITION.CA)

## MEDICINAL INGREDIENTS. Each capsule contains:

Lion's Mane 10:1 extract. . . . . 500 mg  
(*Hericium erinaceus*)

## NON MEDICINAL INGREDIENTS:

Microcrystalline cellulose, ascorbyl palmitate, hypromellose (capsule shell).

## RECOMMENDED DOSE:

Adults take 1-3 capsules 1 time per day.  
For prolonged use, consult a health care practitioner.

Does not Contain: Dairy, egg, gluten, soy, wheat, corn, yeast, nuts,  
artificial, sweeteners, artificial flavours or colours.

## CAUTIONS:

If you are pregnant or breastfeeding, do not use this product. For prolonged use, consult a health care practitioner. If symptoms persist or worsen, consult a health care practitioner. Diuretic effect may occur. Hypersensitivity/allergy has been known to occur; in which case, discontinue use. **Keep out of reach of children.** Sealed for your protection. Keep sealed, store in a cool, dry place at 15–25°C.

### DID YOU KNOW?

Nerve growth Factor (NGF) promotes growth and organization of brain cells.



### PROVITA - A STORY OF LOVE AND HEALING -

Our founder, Dr. Lucian Delcea, started Provita out of necessity. His wife was ill. And when drugs failed her, he began his search for an alternative. Before Provita launched in 2005, he sifted through countless hours of research; counseling with some of the top European naturopaths to produce more progressive support for the body's functions. Dr. Delcea came to understand the body's healing process; how it could naturally overcome disease. All it needed were triggers to properly recognize and absorb nutrients for self repair. Provita is not just a natural health line - it's an understanding of the body's own mechanisms. Dr. Delcea's now healthy wife is testament to that.

## COMPLEMENTARY PRODUCTS

**Activine™, Stemulin CD34+**

**FEEL THE PROVITA DIFFERENCE!**  
**FIND US AT SELECT NATURAL HEALTH STORES**